

WJA

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	558	Lena Engelbrecht	Bremischer Schwimmverein	WJA	1	0:09:10 (1)	2:59	0:37:22 (1)	2:58	0:28:42 (1)	1:21:10

MJA

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	207	Lasse Waßmann	HK Triathlonteam Wiesmoor	MJA	1	0:09:39 (3)	3:18	0:33:44 (1)	3:07	0:20:57 (1)	1:10:44
2	204	Clemens Herwig	Drecklauf	MJA	2	0:09:00 (2)	3:20	0:34:57 (2)	3:28	0:22:57 (4)	1:13:42
3	202	Luk Gruben	BRC Hansa	MJA	3	0:09:59 (4)	3:42	0:37:55 (6)	2:49	0:22:32 (2)	1:16:57
4	203	Phil Engelbrecht	Bremischer Schwimmverein	MJA	4	0:08:10 (1)	3:23	0:37:02 (4)	3:28	0:25:19 (5)	1:17:22
5	206	Falk Linke	LC Hansa Stuhr	MJA	5	0:11:58 (7)	4:32	0:36:52 (3)	3:13	0:22:54 (3)	1:19:31
6	205	Kaspar Külpmann		MJA	6	0:11:52 (6)	5:05	0:37:31 (5)	4:23	0:29:54 (6)	1:28:45
7	201	Anton Gersema		MJA	7	0:10:20 (5)	5:29	0:38:03 (7)	3:46	0:33:01 (7)	1:30:39

WJUN

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	559	Madlen Jacobsen		WJUN	1	0:09:44 (2)	4:05	0:39:06 (1)	3:37	0:26:00 (1)	1:22:31
2	560	Jule Marie Scheffold		WJUN	2	0:08:57 (1)	4:59	0:43:54 (2)	3:37	0:31:39 (2)	1:33:06

MJUN

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	211	Paul Kebbel	VSK Osterholz-Scharmbeck	MJUN	1	0:08:09 (1)	2:50	0:34:34 (2)	3:05	0:25:16 (3)	1:13:54
2	214	Michel Pergande		MJUN	2	0:09:02 (2)	3:30	0:37:40 (6)	3:27	0:21:52 (1)	1:15:32
3	210	Niklas Kallmerten		MJUN	3	0:10:22 (3)	4:13	0:33:24 (1)	3:23	0:24:42 (2)	1:16:04
4	208	Konstantin Bonnet		MJUN	4	0:11:14 (5)		()	2:59	0:25:18 (4)	1:20:11

MJUN

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
5	209	Torbjörn Mügge		MJUN	5	0:11:04 (4)	4:41	0:36:08 (3)	2:59	0:25:20 (5)	1:20:12
6	215	Joris Spratte		MJUN	6	0:11:32 (6)	5:24	0:36:34 (4)	3:31	0:27:01 (6)	1:24:01
7	212	Emil Gero Klein		MJUN	7	0:12:52 (7)	5:02	0:36:40 (5)	4:06	0:27:38 (7)	1:26:18
8	213	Kevin Klein		MJUN	8	0:16:17 (8)	6:08	0:47:08 (7)	3:56	0:37:29 (8)	1:50:58

AK 20 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	572	Elisa Quitzau		AK 20 (w)	1	0:13:26 (14)	4:07	0:41:41 (7)	2:54	0:23:21 (1)	1:25:29
2	564	Moya Kebbel	VSK Osterkolz-Scharmbeck	AK 20 (w)	2	0:08:37 (1)	3:52	0:38:43 (2)	3:41	0:30:59 (8)	1:25:50
3	580	Annika Wasmer		AK 20 (w)	3	0:09:39 (3)	4:22	0:38:10 (1)	4:19	0:30:19 (7)	1:26:48
4	568	Marle Reinken		AK 20 (w)	4	0:10:44 (4)	4:44	0:41:29 (6)	4:02	0:28:53 (4)	1:29:52
5	567	Finja Klose		AK 20 (w)	5	0:13:21 (12)	5:22	0:40:02 (3)	3:50	0:27:42 (3)	1:30:17
6	577	Anna Hof	TV Eiche Horn	AK 20 (w)	6	0:13:37 (15)	5:07	0:44:45 (12)	3:00	0:26:45 (2)	1:33:14
7	573	Antonia Riechers		AK 20 (w)	7	0:09:35 (2)	5:13	0:40:50 (5)	3:59	0:33:49 (13)	1:33:26
8	579	Carolyn Stock		AK 20 (w)	8	0:13:04 (8)	4:29	0:42:22 (9)	4:18	0:29:36 (6)	1:33:48
9	562	Sarah Steffen	Triathlöwen Bremen	AK 20 (w)	9	0:11:56 (6)	4:57	0:40:25 (4)	3:47	0:33:20 (12)	1:34:24
10	571	Lina Hohaus		AK 20 (w)	10	0:13:06 (9)	4:14	0:42:02 (8)	3:41	0:32:52 (11)	1:35:55
11	569	Berit Wöst		AK 20 (w)	11	0:11:12 (5)	4:23	0:47:59 (14)	3:17	0:29:25 (5)	1:36:16
12	563	Emma Guthe		AK 20 (w)	12	0:13:52 (16)	4:12	0:43:28 (10)	3:27	0:32:28 (10)	1:37:26
13	570	Laura Finken		AK 20 (w)	13	0:12:33 (7)	5:16	0:46:21 (13)	3:58	0:33:55 (14)	1:42:02
14	566	Léa Dubiel		AK 20 (w)	14	0:13:19 (11)	5:22	0:49:23 (15)	3:55	0:31:06 (9)	1:43:05
15	574	Eske Worthmann		AK 20 (w)	15	0:13:13 (10)	4:50	0:43:32 (11)	5:02	0:37:31 (16)	1:44:08
16	565	Nele Christina Schlagowsky		AK 20 (w)	16	0:13:24 (13)	5:16	0:50:09 (16)	4:20	0:35:09 (15)	1:48:19

AK 20 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	219	Timo Behrens	Bremischer Schwimmverein	AK 20 (m)	1	0:06:19 (1)	2:12	0:28:03 (1)	2:09	0:16:23 (1)	0:55:06
2	226	Micha David Grieb	SC Bremen	AK 20 (m)	2	0:08:40 (2)	2:34	0:32:28 (3)	2:47	0:21:37 (2)	1:08:05
3	230	Till Kunkel		AK 20 (m)	3	0:10:15 (7)	3:22	0:30:44 (2)	2:57	0:22:50 (6)	1:10:07
4	229	Tom Köster	The Eagles	AK 20 (m)	4	0:09:45 (5)	3:30	0:33:36 (4)	2:58	0:22:03 (5)	1:11:52
5	225	Tom Zielinski		AK 20 (m)	5	0:10:48 (9)	3:50	0:35:31 (7)	2:34	0:21:50 (3)	1:14:32
6	228	Timon Kaluza	The Eagles	AK 20 (m)	6	0:08:53 (3)	3:26	0:35:06 (6)	3:20	0:24:15 (9)	1:14:59
7	235	Jonah Zalewski		AK 20 (m)	7	0:09:28 (4)	5:03	0:36:52 (8)	3:02	0:23:33 (7)	1:17:58
8	216	Tom Lanver		AK 20 (m)	8	0:12:27 (12)	3:49	0:34:13 (5)	3:24	0:25:58 (12)	1:19:51
9	233	Mika Patzelt		AK 20 (m)	9	0:13:25 (14)		()	3:12	0:24:12 (8)	1:22:06
10	223	Niklas Seeliger		AK 20 (m)	10	0:11:30 (11)	4:58	0:42:07 (14)	2:42	0:22:01 (4)	1:23:17
11	232	Colin Oberschmidt		AK 20 (m)	11	0:10:12 (6)	3:42	0:40:43 (13)	3:21	0:25:31 (10)	1:23:29
12	231	Thorben Meier		AK 20 (m)	12	0:13:46 (16)	4:46	0:37:09 (9)	3:57	0:26:10 (13)	1:25:47
13	217	Martin Koschel		AK 20 (m)	13	0:12:29 (13)	4:50	0:40:32 (12)	3:51	0:25:47 (11)	1:27:29
14	222	Tetje Hilken		AK 20 (m)	14	0:11:07 (10)	5:09	0:39:38 (11)	4:32	0:30:46 (15)	1:31:12
15	234	Dustin Schiller		AK 20 (m)	15	0:10:42 (8)	5:02	0:38:19 (10)	4:39	0:33:07 (16)	1:31:49
16	221	Jonas Ehlers		AK 20 (m)	16	0:13:40 (15)	5:00	0:46:16 (15)	3:26	0:30:15 (14)	1:38:36

AK 25 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	594	Karla Kedenburg	Sparkasse Bremen	AK 25 (w)	1	0:10:32 (5)	3:31	0:35:48 (1)	2:55	0:25:43 (1)	1:18:29
2	605	Lisa Wulf	Berliner Sport Club	AK 25 (w)	2	0:10:52 (6)		()	3:57	0:27:56 (5)	1:24:40
3	598	Carolin Bärendahls		AK 25 (w)	3	0:08:46 (1)	4:36	0:37:13 (2)	3:36	0:30:36 (9)	1:24:47
4	591	Farina Bonin		AK 25 (w)	4	0:09:49 (2)	5:02	0:39:05 (5)	4:47	0:27:07 (3)	1:25:49
5	603	Pauline Rohner		AK 25 (w)	5	0:11:39 (8)	4:24	0:38:04 (4)	3:51	0:27:53 (4)	1:25:51
6	606	Franziska Ebeling		AK 25 (w)	6	0:12:09 (11)	4:19	0:37:27 (3)	3:46	0:29:46 (7)	1:27:26
7	590	Scarlett Boras		AK 25 (w)	7	0:13:06 (16)	4:45	0:41:09 (9)	3:14	0:25:46 (2)	1:28:00

AK 25 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
8	259	Merle Schmitt	1. T. C. Schildkröte	AK 25 (w)	8	0:11:51 (9)	5:02	0:39:10 (6)	3:37	0:29:42 (6)	1:29:22
9	595	Saskia Schulz		AK 25 (w)	9	0:10:27 (3)	5:00	0:41:16 (10)	3:50	0:31:15 (12)	1:31:47
10	604	Clara Schaper		AK 25 (w)	10	0:10:31 (4)	4:26	0:39:15 (7)	4:09	0:33:41 (14)	1:32:01
11	582	Anna Meyer		AK 25 (w)	11	0:12:30 (13)	4:44	0:42:01 (11)	3:48	0:30:49 (10)	1:33:52
12	592	Patricia Geiselhart		AK 25 (w)	12	0:12:34 (14)	4:07	0:43:17 (14)	3:39	0:30:28 (8)	1:34:04
13	589	Veronika Betzel		AK 25 (w)	13	0:13:24 (17)	4:38	0:42:15 (12)	3:53	0:31:53 (13)	1:36:03
14	600	Provini Giulia		AK 25 (w)	14	0:12:21 (12)	4:45	0:45:45 (15)	4:39	0:30:49 (11)	1:38:19
15	607	Sarah Klußmann		AK 25 (w)	15	0:12:07 (10)	5:11	0:39:52 (8)	5:38	0:39:59 (18)	1:42:46
16	599	Josephine Fromm		AK 25 (w)	16	0:12:40 (15)	6:12	0:42:39 (13)	5:32	0:37:05 (17)	1:44:08
17	585	Mareike Pahling		AK 25 (w)	17	0:14:07 (19)	6:54	0:46:48 (16)	5:25	0:34:22 (16)	1:47:35
18	602	Alina Lange	1. T. C. Schildkröte	AK 25 (w)	18	0:13:57 (18)	5:53	0:50:52 (17)	3:27	0:33:56 (15)	1:48:04

AK 25 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	243	Lennard Forßmann		AK 25 (m)	1	0:08:07 (2)	2:23	0:30:18 (1)	2:32	0:18:48 (2)	1:02:08
2	267	Marten Grube		AK 25 (m)	2	0:07:29 (1)	2:46	0:36:23 (16)	2:28	0:19:04 (3)	1:08:10
3	238	Len Knümann		AK 25 (m)	3	0:08:14 (3)	3:16	0:33:20 (2)	3:05	0:20:57 (6)	1:08:50
4	266	Tristan Gräfenberg	Triathlon Club Bremen	AK 25 (m)	4	0:10:11 (13)	2:38	0:34:23 (8)	2:38	0:20:53 (5)	1:10:43
5	236	Bennet Hansen	The Eagles	AK 25 (m)	5	0:09:36 (8)	3:24	0:34:15 (7)	3:24	0:21:15 (7)	1:11:53
6	244	Anton Glaap		AK 25 (m)	6	0:11:09 (17)	3:46	0:33:30 (3)	2:58	0:23:31 (12)	1:14:54
7	239	Fabian Schmurr	Triathlöwen	AK 25 (m)	7	0:10:36 (14)	4:11	0:36:49 (18)	3:01	0:20:37 (4)	1:15:14
8	248	Riechers Frederic		AK 25 (m)	8	0:09:13 (7)	4:22	0:34:31 (9)	3:29	0:23:43 (14)	1:15:19
9	257	Lasse Kück	TuS Tarmstedt	AK 25 (m)	9	0:09:01 (5)	4:15	0:36:12 (15)	2:50	0:23:13 (10)	1:15:31
10	249	Julius Ernst		AK 25 (m)	10	0:10:01 (11)	4:23	0:34:40 (10)	3:36	0:22:59 (9)	1:15:39
11	275	Wilken Seemann		AK 25 (m)	11	0:09:50 (9)	3:30	0:35:12 (11)	3:05	0:24:55 (17)	1:16:32
12	271	Ejnar Luckhardt		AK 25 (m)	12	0:11:23 (20)	4:18	0:33:41 (5)	4:10	0:23:42 (13)	1:17:14

AK 25 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
13	255	Arno Creutzfeldt		AK 25 (m)	13	0:11:11 (18)	4:03	0:33:37 (4)	3:38	0:25:13 (19)	1:17:42
14	246	Sören Liebig		AK 25 (m)	14	0:12:01 (26)	3:59	0:34:03 (6)	3:47	0:24:55 (18)	1:18:45
15	241	Thiemo Benthien		AK 25 (m)	15	0:09:57 (10)	4:33	0:36:59 (19)	3:42	0:24:07 (15)	1:19:19
16	587	Luca Uphoff	HSB Tri Runners	AK 25 (m)	16	0:10:55 (15)	5:04	()		0:24:27 (16)	1:19:19
17	251	Ilja Rukin		AK 25 (m)	17	0:09:02 (6)	2:32	0:48:09 (30)	2:46	0:17:12 (1)	1:19:41
18	253	Maro Sommer		AK 25 (m)	18	0:11:02 (16)	4:09	0:36:06 (13)	3:34	0:25:19 (20)	1:20:11
19	278	Neven Vucetic		AK 25 (m)	19	0:11:57 (25)	6:02	0:35:42 (12)	3:39	0:23:23 (11)	1:20:43
20	272	Robin Neumann	hkk Laufteam	AK 25 (m)	20	0:13:36 (32)	5:01	0:38:23 (22)	3:03	0:22:34 (8)	1:22:37
21	264	Kevin Engelhardt		AK 25 (m)	21	0:12:06 (27)	4:28	0:36:11 (14)	3:45	0:27:48 (23)	1:24:17
22	277	Alessandro Visintini		AK 25 (m)	22	0:11:15 (19)	5:31	0:38:42 (25)	3:42	0:26:03 (21)	1:25:13
23	252	Gerrit Schöne		AK 25 (m)	23	0:10:03 (12)	4:26	0:36:31 (17)	3:43	0:31:56 (30)	1:26:38
24	274	Matteo Rosing	FC Schalke 04	AK 25 (m)	24	0:12:23 (29)	3:50	0:38:59 (27)	4:24	0:27:26 (22)	1:27:01
25	245	Till Kuchenbecker		AK 25 (m)	25	0:11:40 (23)	5:03	0:38:49 (26)	3:39	0:28:51 (27)	1:28:02
26	273	Hagen Prott		AK 25 (m)	26	0:13:28 (31)	4:29	0:38:01 (21)	3:23	0:28:45 (26)	1:28:05
27	262	Lasse Cegiolka		AK 25 (m)	27	0:12:50 (30)	5:00	0:37:54 (20)	4:18	0:28:15 (24)	1:28:16
28	265	David Erzmann		AK 25 (m)	28	0:11:36 (22)	5:04	0:38:39 (24)	4:24	0:29:55 (29)	1:29:38
29	242	Canel Calp		AK 25 (m)	29	0:11:24 (21)	7:03	0:38:24 (23)	4:28	0:29:28 (28)	1:30:46
30	270	Christian Link	Tri Bremen	AK 25 (m)	30	0:15:04 (33)	4:33	0:47:38 (29)	3:36	0:28:24 (25)	1:39:15
31	258	Florian Möller		AK 25 (m)	31	0:11:46 (24)	6:45	0:42:05 (28)	5:02	0:36:55 (31)	1:42:34
32	260	Adrian Ochoa Ferrino		AK 25 (m)	32	0:21:31 (34)	6:06	0:59:16 (31)	5:14	0:42:28 (32)	2:14:34
33	276	Marius Thürmer	Bremer Sport-Club e.V.	AK 25 (m)	33	0:12:13 (28)	5:29	1:00:59 (32)	5:56	0:51:18 (33)	2:15:55

AK 30 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	618	Jennifer Rehberg	Triathlon Club Bremen	AK 30 (w)	1	0:09:56 (4)	3:44	0:34:18 (1)	3:35	0:23:59 (1)	1:15:32
2	634	Maire Osmers	Club Bremen	AK 30 (w)	2	0:08:31 (2)	3:34	0:35:48 (2)	3:08	0:24:41 (2)	1:15:43

AK 30 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
3	636	Kristin Teichmann		AK 30 (w)	3	0:08:00 (1)	3:59	0:36:31 (4)	3:59	0:24:57 (4)	1:17:26
4	611	Patricia Bott		AK 30 (w)	4	0:10:01 (5)	3:42	0:36:44 (5)	3:31	0:25:34 (7)	1:19:33
5	646	Rike Quennet		AK 30 (w)	5	0:10:51 (7)	4:12	0:36:25 (3)	3:41	0:24:43 (3)	1:19:52
6	629	Florencia Lichtenberg geb Diaz Cano	SpaceCats	AK 30 (w)	6	0:10:26 (6)	3:59	0:38:18 (7)	3:32	0:25:19 (5)	1:21:33
7	637	Leonie Wachholz		AK 30 (w)	7	0:12:20 (16)	4:10	0:38:28 (8)	3:32	0:25:28 (6)	1:23:57
8	615	Marei Knauth		AK 30 (w)	8	0:09:32 (3)	4:22	0:39:49 (13)	3:43	0:28:54 (15)	1:26:19
9	645	Juliane Lohse		AK 30 (w)	9	0:12:47 (21)	3:56	0:37:06 (6)	4:07	0:28:33 (14)	1:26:30
10	612	Christine Fitch	neusta mobile solutions	AK 30 (w)	10	0:12:36 (20)	4:39	0:40:17 (15)	3:26	0:26:36 (9)	1:27:33
11	643	Yasemin Bakis		AK 30 (w)	11	0:13:15 (25)	4:37	()		0:28:10 (11)	1:28:47
12	625	Larissa Horstmann		AK 30 (w)	12	0:12:48 (22)	4:47	0:39:35 (11)	3:54	0:28:27 (13)	1:29:30
13	626	Marleen Kiupel		AK 30 (w)	13	0:11:26 (10)	4:11	0:39:46 (12)	3:53	0:30:52 (19)	1:30:07
14	639	Chantal Letter		AK 30 (w)	14	0:12:57 (23)	4:49	0:41:19 (18)	3:37	0:29:02 (16)	1:31:44
15	614	Lena Kattner		AK 30 (w)	15	0:11:27 (11)	5:40	0:41:31 (19)	3:56	0:29:19 (18)	1:31:53
16	640	Kira Vagt		AK 30 (w)	16	0:10:54 (8)	4:35	0:40:06 (14)	4:10	0:32:14 (21)	1:31:59
17	653	Jaqueline Warnken	hkk Laufteam	AK 30 (w)	17	0:13:14 (24)	5:46	0:41:16 (17)	3:51	0:28:19 (12)	1:32:26
18	623	Katharina Hattermann		AK 30 (w)	18	0:11:50 (13)	5:51	0:44:11 (28)	5:02	0:27:02 (10)	1:33:55
19	617	Christina Piech		AK 30 (w)	19	0:11:11 (9)	4:55	0:39:19 (10)	4:03	0:36:15 (29)	1:35:43
20	620	Nele Uhlenwinkel		AK 30 (w)	20	0:13:31 (28)	4:19	0:43:21 (24)	3:45	0:31:45 (20)	1:36:40
21	652	Karin Tergemina		AK 30 (w)	21	0:11:40 (12)	6:59	0:47:48 (32)	4:50	0:25:59 (8)	1:37:16
22	642	Tanja Vogelpohl		AK 30 (w)	22	0:12:27 (19)	4:34	0:38:40 (9)	3:50	0:37:59 (32)	1:37:28
23	622	Sophie Demmin	Team Synera	AK 30 (w)	23	0:12:23 (17)	4:19	0:43:00 (23)	4:06	0:33:53 (24)	1:37:40
24	624	Anna Heitmann		AK 30 (w)	24	0:12:25 (18)	4:50	0:42:20 (21)	4:43	0:34:16 (27)	1:38:34
25	613	Franziska Flügge		AK 30 (w)	25	0:14:01 (31)	4:44	0:40:50 (16)	4:52	0:34:12 (26)	1:38:39
26	627	Mascha Klawitter		AK 30 (w)	26	0:12:10 (14)	6:00	0:45:36 (29)	4:57	0:32:24 (22)	1:41:07
27	648	Hanna Steilen		AK 30 (w)	27	0:13:54 (29)	4:59	()		0:34:04 (25)	1:42:31
28	621	Maraike Aucamp		AK 30 (w)	28	0:13:18 (26)	4:54	0:42:59 (22)	4:11	0:37:50 (31)	1:43:12
29	619	Ilona Schirach		AK 30 (w)	29	0:14:51 (35)	6:24	0:48:19 (33)	5:24	0:29:16 (17)	1:44:13

AK 30 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
30	632	Elisabeth Müller	Elexpress	AK 30 (w)	30	0:16:00 (36)	5:15	0:44:00 (26)	5:30	0:33:44 (23)	1:44:28
31	641	Diemel Valeska		AK 30 (w)	31	0:12:15 (15)	5:46	0:43:55 (25)	5:44	0:37:32 (30)	1:45:12
32	635	Sarina Sönksen		AK 30 (w)	32	0:13:27 (27)	4:21	0:48:39 (34)	4:17	0:34:37 (28)	1:45:21
33	650	Jessica Kuddes		AK 30 (w)	33	0:14:14 (33)	6:56	0:41:34 (20)	5:04	0:39:32 (33)	1:47:21
34	631	Laura Meyer	neusta mobile solutions	AK 30 (w)	34	0:14:36 (34)	5:17	0:44:11 (27)	4:56	0:40:42 (34)	1:49:41
35	647	Anja Rademacher		AK 30 (w)	35	0:14:06 (32)	5:11	0:47:39 (31)	4:44	0:40:44 (35)	1:52:23
36	638	Anna Katharina Kruschke		AK 30 (w)	36	0:13:56 (30)	5:06	0:47:13 (30)	4:11	0:42:00 (36)	1:52:26

AK 30 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	305	Jorit Rolf-Pissarczyk		AK 30 (m)	1	0:08:42 (1)	3:22	0:35:16 (13)	2:53	0:19:11 (1)	1:09:24
2	335	Hendrik Ahlers	LC Bremen	AK 30 (m)	2	0:08:51 (2)	3:10	0:32:42 (2)	3:01	0:21:53 (8)	1:09:37
3	312	Thomas Keller		AK 30 (m)	3	0:08:57 (3)	2:49	0:17:02 (1)	9:54	0:21:32 (5)	1:10:14
4	343	Weinzierl Nono	Triabolos Triathlon Hamburg e.V.	AK 30 (m)	4	()		()		()	1:10:44
5	340	Magnus Lenter	Team Triathlon Hamburger Hochschulen e.V.	AK 30 (m)	5	0:10:18 (14)	2:57	0:33:24 (5)	3:00	0:21:22 (4)	1:11:02
6	283	Daniel Loch		AK 30 (m)	6	0:10:17 (13)	3:53	0:33:55 (7)	2:53	0:20:59 (3)	1:11:56
7	279	Marc Benedict		AK 30 (m)	7	0:09:46 (8)	3:28	0:35:52 (19)	3:08	0:22:01 (9)	1:14:15
8	303	Kevin Schüler		AK 30 (m)	8	0:10:06 (10)	4:12	0:34:37 (10)	3:17	0:23:52 (17)	1:16:04
9	306	Finn Bergmann	Triathlöwen Bremen	AK 30 (m)	9	0:11:17 (26)	3:44	0:33:17 (4)	3:23	0:24:45 (25)	1:16:27
10	344	Malte Simon		AK 30 (m)	10	0:10:26 (16)	3:29	0:34:27 (9)	3:27	0:24:44 (23)	1:16:32
11	315	von Glan Morten		AK 30 (m)	11	0:13:37 (60)	5:05	0:33:05 (3)	5:01	0:20:13 (2)	1:17:01
12	316	Jhon Nunez		AK 30 (m)	12	0:09:17 (5)	3:08	0:38:37 (43)	2:50	0:23:13 (16)	1:17:05
13	288	Yannis Rosing	FC Schalke 04	AK 30 (m)	13	0:12:28 (41)	4:04	0:36:09 (22)	2:49	0:21:37 (6)	1:17:06
14	304	Thomas Schwarz	Oldenburg Run Club	AK 30 (m)	14	0:12:15 (36)	3:39	0:37:00 (33)	2:50	0:22:17 (10)	1:18:01
15	309	Ibrahima Diop		AK 30 (m)	15	0:09:32 (7)	3:45	0:36:59 (32)	2:34	0:25:28 (33)	1:18:17

AK 30 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
16	353	Robert Zindel		AK 30 (m)	16	0:10:54 (22)	4:13	0:35:34 (14)	3:37	0:24:26 (20)	1:18:44
17	326	Malte Figger		AK 30 (m)	17	0:13:39 (61)	4:04	0:35:40 (16)	2:47	0:22:49 (13)	1:19:00
18	330	Robert Ciomber	Team Synera	AK 30 (m)	18	0:11:31 (30)	3:21	0:35:49 (18)	3:39	0:24:47 (26)	1:19:06
19	285	Marc Malguth		AK 30 (m)	19	0:12:22 (39)	4:34	0:36:41 (29)	2:43	0:22:50 (14)	1:19:11
20	301	Leonard Praetorius		AK 30 (m)	20	0:10:20 (15)	4:30	0:35:37 (15)	4:03	0:24:52 (28)	1:19:22
21	297	Jannis Hübner		AK 30 (m)	21	0:09:31 (6)	5:33	0:38:39 (44)	3:41	0:22:52 (15)	1:20:16
22	339	Stefan Krentzel	hkk Laufteam	AK 30 (m)	22	0:12:21 (38)	4:37	0:37:48 (40)	2:51	0:22:43 (11)	1:20:19
23	341	Daniel Lichtenberg	SpaceCats	AK 30 (m)	23	0:13:35 (59)	4:23	0:36:29 (25)	3:10	0:22:46 (12)	1:20:22
24	349	Jan Weinmann		AK 30 (m)	24	0:10:33 (18)	4:13	0:36:38 (28)	0:30	0:28:28 (50)	1:20:22
25	317	Matthias Pilot		AK 30 (m)	25	0:11:27 (29)	4:28	0:36:45 (30)	3:18	0:24:55 (29)	1:20:52
26	348	Björn Wanja		AK 30 (m)	26	0:09:55 (9)	4:33	0:34:59 (12)	3:37	0:26:58 (40)	1:21:01 *
27	325	Carlos Antonio Charles Ambriz		AK 30 (m)	27	0:10:39 (19)	4:15	0:38:40 (46)	2:53	0:24:48 (27)	1:21:15
28	287	Christian Narloch	Der Hatte Kern	AK 30 (m)	28	0:11:53 (32)	4:37	0:36:17 (23)	3:26	0:25:15 (31)	1:21:26
29	300	Philipp Mucek		AK 30 (m)	29	0:12:10 (35)	4:59	0:34:22 (8)	4:07	0:25:59 (34)	1:21:36
30	328	Simon Höner	Team Banane	AK 30 (m)	30	0:10:13 (12)	4:01	0:36:33 (27)	3:10	0:27:40 (45)	1:21:37
31	308	Jaime Cordero	Elev8	AK 30 (m)	31	0:13:52 (63)	4:18	0:34:48 (11)	4:24	0:24:43 (22)	1:22:04
32	311	Raphael Helmers		AK 30 (m)	32	0:12:25 (40)	6:20	0:33:46 (6)	5:23	0:24:11 (19)	1:22:04
33	293	Bennet Brünings		AK 30 (m)	33	0:12:16 (37)	5:00	0:37:23 (35)	3:08	0:24:44 (24)	1:22:31
34	333	Jören Spitz		AK 30 (m)	34	0:10:31 (17)	4:02	0:37:09 (34)	3:25	0:28:28 (49)	1:23:36
35	327	Nils-Christoph Högemann		AK 30 (m)	35	0:10:07 (11)	4:29	0:38:30 (41)	3:09	0:27:32 (44)	1:23:47
36	334	Benno Wilk		AK 30 (m)	36	0:10:50 (21)	3:17	0:41:48 (56)	3:31	0:24:31 (21)	1:23:57
37	282	Marten Laudi		AK 30 (m)	37	0:13:25 (55)	4:27	0:37:44 (39)	3:32	0:25:07 (30)	1:24:15
38	284	Janu Lüdenbach		AK 30 (m)	38	0:09:08 (4)	4:01	0:35:56 (20)	3:59	0:31:15 (58)	1:24:18
39	675	Johann Schrape		AK 30 (m)	39	0:11:38 (31)	4:48	0:36:51 (31)	3:44	0:27:18 (41)	1:24:18
40	314	Kevin Lausen		AK 30 (m)	40	0:13:08 (51)	4:27	0:37:36 (38)		()	1:24:22
41	290	Marcel Schauer		AK 30 (m)	41	0:13:43 (62)	4:55	0:35:48 (17)	3:06	0:27:24 (42)	1:24:55
42	281	Jannik Hainke		AK 30 (m)	42	0:11:20 (28)	4:59	0:38:40 (45)	4:03	0:26:04 (35)	1:25:07

AK 30 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
43	280	Daniel Brock		AK 30 (m)	43	0:12:02 (33)	4:25	0:36:29 (25)	4:15	0:28:08 (47)	1:25:18
44	331	Christian Maljavin	Maljavin	AK 30 (m)	44	0:13:27 (56)	4:45	0:42:29 (58)	3:13	0:21:51 (7)	1:25:44
45	321	Henning Stoppel		AK 30 (m)	45	0:13:30 (57)	3:47	0:38:36 (42)	4:07	0:26:25 (38)	1:26:26
46	338	Steffen Gabriel		AK 30 (m)	46	0:11:08 (24)	5:37	0:37:25 (36)	4:22	0:28:01 (46)	1:26:33
47	350	Malte Wilkens	Peper & Söhne	AK 30 (m)	47	0:13:30 (58)	4:43	0:39:34 (52)	3:18	0:26:10 (36)	1:27:16
48	336	Felix Bertzbach		AK 30 (m)	48	0:12:07 (34)	4:25	0:36:25 (24)	3:59	0:30:48 (56)	1:27:43
49	337	Torsten Bock		AK 30 (m)	49	0:12:56 (47)	5:07	0:37:34 (37)	4:17	0:29:16 (51)	1:29:10
50	347	Philipp Thienel	1. T. C. Schildkröte	AK 30 (m)	50	0:13:19 (53)	4:46	0:40:34 (53)	3:19	0:28:09 (48)	1:30:06
51	351	Gabriel Winkler	1. T. C. Schildkröte	AK 30 (m)	51	0:12:30 (42)	5:09	0:42:40 (59)	3:21	0:26:27 (39)	1:30:07
52	295	Simon Geries		AK 30 (m)	52	0:13:58 (65)	5:45	0:42:09 (57)	3:34	0:25:22 (32)	1:30:47
53	291	Joost Wilberts		AK 30 (m)	53	0:10:44 (20)	4:25	0:39:27 (50)	4:10	0:32:20 (62)	1:31:06
54	298	Tamme Janßen		AK 30 (m)	54	0:11:01 (23)	4:43	0:38:47 (47)	4:16	0:32:20 (61)	1:31:06
55	302	Lars Röhling		AK 30 (m)	55	0:13:21 (54)	4:37	0:36:01 (21)		()	1:32:35
56	342	Adrian Meyer		AK 30 (m)	56	()		()		()	1:32:55
57	286	Jonathan Meinecke		AK 30 (m)	57	0:12:38 (44)	5:07	0:39:29 (51)	3:57	0:31:51 (59)	1:33:01
58	296	Frederik Hopfenziz		AK 30 (m)	58	0:13:08 (50)	5:29	0:43:15 (61)	3:51	0:27:27 (43)	1:33:10
59	299	Steven Kinnard		AK 30 (m)	59	0:13:00 (48)	5:45	0:46:11 (67)	4:28	0:24:03 (18)	1:33:28
60	322	Christian Tietjen		AK 30 (m)	60	0:13:13 (52)	4:57	0:39:26 (49)	4:05	0:32:04 (60)	1:33:45
61	289	Maximilian Karl Scharf		AK 30 (m)	61	0:13:57 (64)	5:47	0:44:11 (64)	4:05	0:26:22 (37)	1:34:22
62	346	Nico Steinmetzer		AK 30 (m)	62	0:12:34 (43)	5:18	0:44:00 (63)	3:56	0:29:59 (53)	1:35:46
63	345	Diemo Spitz		AK 30 (m)	63	0:12:44 (45)	7:14	0:40:54 (55)	3:47	0:31:10 (57)	1:35:48
64	320	Pascal Seul		AK 30 (m)	64	0:18:16 (67)	5:01	0:39:06 (48)	3:29	0:29:58 (52)	1:35:49
65	310	Fabian Eckert		AK 30 (m)	65	0:12:48 (46)	5:18	0:40:50 (54)	3:53	0:33:27 (64)	1:36:17
66	319	Yannick Schwarz		AK 30 (m)	66	0:11:12 (25)	5:58	0:45:58 (66)	3:43	0:30:23 (54)	1:37:15
67	292	Jean-Michel Bahr	Keinen	AK 30 (m)	67	0:14:57 (66)	5:04	0:43:09 (60)	4:04	0:30:27 (55)	1:37:40
68	324	Leo Bermudez		AK 30 (m)	68	0:11:18 (27)	5:02	0:45:04 (65)	3:43	0:32:50 (63)	1:37:57

AK 30 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
69	329	Tobias Krehe		AK 30 (m)	69	0:13:02 (49)	6:33	0:43:49 (62)	4:34	0:39:54 (65)	1:47:52

AK 35 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	665	Ann-Kathrin Köppen		AK 35 (w)	1	0:08:51 (1)	3:31	0:35:10 (1)	3:12	0:25:38 (1)	1:16:21
2	654	Kim Katja Averteck		AK 35 (w)	2	0:11:49 (5)	3:46	0:36:18 (2)	3:19	0:26:00 (2)	1:21:12
3	656	Mareike Demel		AK 35 (w)	3	0:10:57 (3)	4:43	0:37:28 (4)	3:41	0:28:29 (7)	1:25:17
4	657	Yuki Henselek		AK 35 (w)	4	0:12:37 (9)	4:32	0:36:40 (3)	4:08	0:27:22 (3)	1:25:18
5	667	Frauke Wilberts	Triathlöwen Bremen	AK 35 (w)	5	0:11:28 (4)	4:10	0:37:31 (5)	3:48	0:28:50 (9)	1:25:48
6	668	Olesya Gloth		AK 35 (w)	6	0:13:07 (11)	4:48	0:39:42 (8)	3:46	0:27:27 (4)	1:28:51
7	671	Maike Onken	Beverly Bookholt	AK 35 (w)	7	0:12:07 (6)	5:01	0:40:26 (12)	3:59	0:27:52 (6)	1:29:25
8	673	Nicole Kalinowski		AK 35 (w)	8	0:12:09 (7)	4:51	0:40:07 (10)	4:23	0:28:39 (8)	1:30:09
9	661	Anja Aalken	Beverly Bookholt	AK 35 (w)	9	0:12:59 (10)	5:12	0:39:48 (9)	4:14	0:29:20 (10)	1:31:33
10	655	Mareike Böttcher		AK 35 (w)	10	0:10:34 (2)	4:14	0:38:58 (7)	6:47	0:31:15 (15)	1:31:47
11	663	Marie Brüning		AK 35 (w)	11	0:12:24 (8)	5:42	0:40:18 (11)	4:09	0:30:22 (13)	1:32:55
12	669	Tatjana Kindsvater		AK 35 (w)	12	0:15:08 (17)	4:39	0:38:37 (6)	4:41	0:30:10 (12)	1:33:14
13	674	Lena Raidt		AK 35 (w)	13	0:14:23 (14)	4:39	0:42:22 (13)	3:26	0:29:38 (11)	1:34:28
14	659	Franziska Rathjen		AK 35 (w)	14	0:13:59 (12)	5:25	0:42:56 (14)	4:41	0:27:47 (5)	1:34:48
15	660	Morlin Jensen	hkk Laufteam	AK 35 (w)	15	0:14:00 (13)	5:28	0:46:29 (16)	3:59	0:31:05 (14)	1:41:01
16	672	Jennifer Baden	Tri-Wölfe	AK 35 (w)	16	0:14:36 (16)	5:26	0:45:48 (15)	4:56	0:32:30 (16)	1:43:15
17	658	Rebecca Möhlenbrock		AK 35 (w)	17	0:14:27 (15)	5:14	0:49:34 (17)	4:42	0:37:56 (17)	1:51:53

AK 35 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	390	Daniel Restel	Siemens AG	AK 35 (m)	1	0:10:31 (13)	4:06	0:32:52 (5)	2:34	0:19:22 (1)	1:09:24
2	610	Bastian Fraune	Triathlon Club Bremen	AK 35 (m)	2	0:09:33 (1)	3:10	0:33:00 (6)	2:54	0:21:36 (3)	1:10:14
3	398	Johannes Berkemeyer	Mofafreunde Beverbruch	AK 35 (m)	3	0:12:02 (27)	4:32	0:31:22 (2)	2:46	0:19:46 (2)	1:10:28
4	399	Paul Bomke	Team Synera	AK 35 (m)	4	0:09:59 (7)	3:40	0:31:54 (3)	3:07	0:22:28 (5)	1:11:08
5	413	Benjamin Jung		AK 35 (m)	5	0:09:46 (3)	4:37	0:31:00 (1)	3:16	0:22:50 (8)	1:11:29
6	363	Roman Runte		AK 35 (m)	6	0:10:06 (8)	4:08	0:34:20 (9)	3:59	0:21:58 (4)	1:14:30
7	368	Pascal Wolf		AK 35 (m)	7	0:10:34 (14)	4:05	0:33:53 (8)	2:59	0:23:03 (9)	1:14:33
8	379	Benjamin Strötzel		AK 35 (m)	8	0:09:53 (4)	3:45	0:34:45 (11)	3:37	0:24:08 (17)	1:16:08
9	630	Cloes Rasmus	Bremen 1860	AK 35 (m)	9	0:10:16 (10)	3:43	0:35:15 (16)	3:27	0:23:37 (14)	1:16:18
10	381	Sebastian Thews	Peper & Söhne	AK 35 (m)	10	0:09:57 (6)	4:03	0:33:51 (7)	3:43	0:25:36 (22)	1:17:09
11	388	Luis Pinzón		AK 35 (m)	11	0:11:48 (23)	4:11	0:34:49 (12)	4:08	0:23:33 (12)	1:18:28
12	394	Arno Manfred Steudtner		AK 35 (m)	12	0:10:40 (15)	6:08	0:34:31 (10)	3:42	0:23:29 (11)	1:18:29
13	401	Jan Kulla	Peper & Söhne	AK 35 (m)	13	0:12:04 (29)	4:48	0:35:16 (17)	3:35	0:22:48 (6)	1:18:30
14	372	Marc de Millas	ZGB Racing	AK 35 (m)	14	0:10:17 (11)	4:20	0:32:45 (4)	4:10	0:27:06 (31)	1:18:39
15	414	Axel Landwehr		AK 35 (m)	15	0:09:57 (5)	4:06	0:34:59 (13)	3:25	0:26:32 (28)	1:18:59
16	358	Alexander Gerka		AK 35 (m)	16	0:12:24 (32)	4:59	0:35:18 (18)	3:01	0:23:56 (16)	1:19:38
17	389	Leonard Pust	SpaceCats	AK 35 (m)	17	0:10:50 (17)	5:08	0:37:15 (28)	2:56	0:23:34 (13)	1:19:43
18	386	Hermann Paulenz		AK 35 (m)	18	0:11:28 (21)	4:15	0:36:56 (27)	2:50	0:25:11 (21)	1:20:41
19	371	Riccardo Brozzi		AK 35 (m)	19	0:10:31 (12)	4:39	0:36:56 (26)	3:43	0:25:10 (19)	1:20:59
20	391	Michael Sachse	Knippaholics	AK 35 (m)	20	0:10:13 (9)	4:45	0:36:28 (23)	3:46	0:26:12 (25)	1:21:24
21	387	Martin Pickenhayn		AK 35 (m)	21	0:11:03 (18)	5:03	0:35:26 (21)	3:38	0:26:14 (26)	1:21:24
22	402	Maurice Landsberger		AK 35 (m)	22	0:12:20 (31)	3:57	0:35:25 (20)	3:43	0:26:04 (24)	1:21:29
23	393	Mike Schroeder		AK 35 (m)	23	0:11:50 (24)	4:26	0:35:24 (19)	3:34	0:26:31 (27)	1:21:45
24	359	Jan Hapke		AK 35 (m)	24	0:11:46 (22)	5:02	0:37:52 (32)	3:46	0:23:27 (10)	1:21:54
25	382	Thomas Trame		AK 35 (m)	25	0:11:05 (19)	5:05	0:35:54 (22)	3:13	0:26:54 (29)	1:22:11
26	411	Maxime Faivre	Peper & Söhne	AK 35 (m)	26	0:10:43 (16)	4:25	0:38:30 (33)	3:33	0:25:11 (20)	1:22:22
27	364	Dennis Ruske		AK 35 (m)	27	0:12:45 (35)	3:28	0:35:06 (15)	3:16	0:27:50 (35)	1:22:24

AK 35 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
28	366	Roberto Segovia Garcia		AK 35 (m)	28	0:12:27 (33)	5:02	()		0:22:49 (7)	1:23:22
29	361	Daniel Panzlaff	SV Thüle	AK 35 (m)	29	0:11:53 (26)	4:34	0:40:25 (40)	3:11	0:23:42 (15)	1:23:45
30	403	Nicolas Löhr		AK 35 (m)	30	0:14:50 (48)	4:20	0:36:30 (24)	3:36	0:24:58 (18)	1:24:14
31	412	Jonas Hopp		AK 35 (m)	31	0:13:31 (40)	4:51	0:37:43 (31)	3:23	0:25:48 (23)	1:25:16
32	410	Johannes Eils		AK 35 (m)	32	0:11:53 (25)	4:02	0:35:02 (14)	3:47	0:30:41 (43)	1:25:24
33	384	Andreas Beust		AK 35 (m)	33	0:13:04 (36)	3:55	0:36:37 (25)	3:36	0:28:36 (40)	1:25:49
34	365	Michael Schäfer		AK 35 (m)	34	0:13:26 (38)	4:44	0:37:19 (29)	4:24	0:28:48 (41)	1:28:41
35	380	Samy Tetouani		AK 35 (m)	35	0:12:03 (28)	5:05	0:40:50 (41)	3:32	0:27:36 (34)	1:29:06
36	362	Christoph Peper	Peper & Söhne	AK 35 (m)	36	0:12:07 (30)	4:38	0:40:24 (39)	4:05	0:27:55 (36)	1:29:09
37	369	Jonas Wronna		AK 35 (m)	37	0:13:21 (37)	5:22	0:38:58 (34)	3:47	0:28:29 (39)	1:29:58
38	400	Niclas Gronki		AK 35 (m)	38	0:11:09 (20)	4:59	0:37:36 (30)	4:47	0:31:44 (45)	1:30:15
39	405	Malte Pahnke		AK 35 (m)	39	0:14:13 (44)	5:12	0:39:49 (37)	3:52	0:27:30 (33)	1:30:36
40	397	Simon Bear		AK 35 (m)	40	0:12:37 (34)	4:43	0:41:19 (43)	3:36	0:28:27 (38)	1:30:41
41	407	Fabian Weidner		AK 35 (m)	41	0:14:15 (45)	5:07	0:39:22 (35)	3:25	0:29:52 (42)	1:32:01
42	367	Jan Windhorst		AK 35 (m)	42	0:13:34 (41)	4:54	0:40:18 (38)	3:19	0:31:57 (47)	1:34:01
43	406	Joaquin Ramon Gomis		AK 35 (m)	43	0:13:28 (39)	6:02	0:42:08 (45)	5:03	0:27:23 (32)	1:34:04
44	409	Marcel Brandes		AK 35 (m)	44	0:09:45 (2)	6:06	0:46:46 (48)	4:11	0:31:22 (44)	1:38:10
45	416	Sven Seele	Team Synera	AK 35 (m)	45	0:14:40 (46)	4:37	0:42:58 (46)	4:10	0:31:53 (46)	1:38:17
46	357	Timothy Fitch		AK 35 (m)	46	0:13:55 (42)	5:37	0:41:15 (42)	4:17	0:33:15 (48)	1:38:19
47	396	Marcus Mathias Wertz		AK 35 (m)	47	0:19:27 (50)	4:57	0:42:03 (44)	4:45	0:28:26 (37)	1:39:38
48	375	Christoph Korittke		AK 35 (m)	48	0:14:47 (47)	6:41	0:50:07 (49)	3:43	0:26:58 (30)	1:42:16
49	408	Henrik Beiß		AK 35 (m)	49	0:16:57 (49)	4:59	0:39:43 (36)	4:43	0:39:31 (49)	1:45:54
50	376	Henning Oetjen		AK 35 (m)	50	0:14:06 (43)	5:50	0:44:28 (47)	4:03	0:43:20 (50)	1:51:46

AK 40 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	677	Christel Werner	SV Emstek	AK 40 (w)	1	0:09:17 (1)	3:56	0:37:21 (2)	3:45	0:27:32 (2)	1:21:51
2	678	Kristina Dörrenberg	Triathlon Bremen	AK 40 (w)	2	0:11:23 (5)	4:20	0:37:17 (1)	3:55	0:28:22 (5)	1:25:17
3	685	Madlen Kimmritz		AK 40 (w)	3	0:11:46 (8)	4:46	0:39:35 (4)	3:24	0:26:16 (1)	1:25:47
4	680	Jenny Ruge		AK 40 (w)	4	0:10:47 (2)	4:39	0:39:36 (5)	4:03	0:29:22 (8)	1:28:27
5	676	Johanna Raidt		AK 40 (w)	5	0:12:43 (10)	4:32	0:40:09 (7)	3:42	0:28:02 (4)	1:29:08
6	687	Kathrin Plotzke		AK 40 (w)	6	0:11:32 (7)	4:35	0:41:50 (11)	3:26	0:28:22 (5)	1:29:45
7	682	Mirja Schönewolf	Sparkasse Bremen	AK 40 (w)	7	0:12:49 (11)	3:58	0:40:50 (10)	4:37	0:27:47 (3)	1:30:01
8	686	Cornelia Cordes		AK 40 (w)	8	0:11:29 (6)	4:34	0:38:16 (3)	4:20	0:31:49 (10)	1:30:29
9	683	Michaela Thanel		AK 40 (w)	9	0:11:10 (3)	4:51	0:41:54 (12)	4:03	0:29:02 (7)	1:30:59
10	679	Saskia Gloth		AK 40 (w)	10	0:12:26 (9)	4:02	0:40:46 (9)	4:18	0:31:01 (9)	1:32:33
11	681	Verena Reuter		AK 40 (w)	11	0:11:18 (4)	4:51	0:39:54 (6)	4:25	0:32:16 (11)	1:32:43
12	684	Kathrin Wolter		AK 40 (w)	12	0:13:06 (12)	4:24	0:40:23 (8)	4:40	0:33:44 (12)	1:36:17

AK 40 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	354	Sebastian Körner	RC Bremen	AK 40 (m)	1	0:08:24 (1)	2:43	0:31:05 (1)	2:42	0:22:19 (5)	1:07:13
2	428	Slawomir Deren	Triabolos Hamburg e.V.	AK 40 (m)	2	0:10:49 (8)	3:06	0:32:10 (2)	3:08	0:22:08 (4)	1:11:20
3	435	Jens Borchers		AK 40 (m)	3	0:10:47 (7)	3:39	0:33:30 (6)	3:07	0:21:30 (3)	1:12:34
4	436	Stefan Brinkers		AK 40 (m)	4	0:12:07 (20)	4:54	0:33:07 (4)	3:40	0:20:35 (2)	1:14:22
5	434	Lutz Albers		AK 40 (m)	5	0:10:57 (10)	4:04	0:32:25 (3)	3:36	0:23:40 (8)	1:14:41
6	442	Jorge Fuente		AK 40 (m)	6	0:10:42 (6)	4:57	0:37:22 (18)	3:02	0:20:30 (1)	1:16:33
7	426	Patrick Strauss		AK 40 (m)	7	0:09:23 (2)	4:31	0:35:16 (10)	3:29	0:24:36 (13)	1:17:15
8	439	Malte Langosz		AK 40 (m)	8	0:12:03 (19)	4:18	0:33:30 (5)	3:20	0:24:29 (12)	1:17:40
9	430	Marcel Kropp	swb-runners	AK 40 (m)	9	0:11:23 (15)	3:42	0:36:22 (14)	3:12	0:24:19 (11)	1:18:58
10	447	Christian Meiwes	ArcelorMittal	AK 40 (m)	10	0:11:20 (14)	3:16	0:35:47 (11)	3:32	0:25:04 (15)	1:18:59
11	422	Jonas Warneke		AK 40 (m)	11	0:10:21 (4)	4:04	0:36:35 (15)	3:23	0:24:43 (14)	1:19:05

AK 40 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
12	423	Frederik Lech		AK 40 (m)	12	0:11:10 (13)	4:19	0:36:44 (16)	3:04	0:23:59 (10)	1:19:17
13	448	Marcus Tausch	GSV Bremen	AK 40 (m)	13	0:10:59 (12)	3:48	0:35:11 (9)	3:34	0:26:16 (18)	1:19:48
14	440	Matthias Bischoff	RRG Bremen	AK 40 (m)	14	0:14:58 (27)	3:41	0:36:13 (12)	3:11	0:22:30 (6)	1:20:32
15	425	Alexander Raaz		AK 40 (m)	15	0:10:16 (3)	3:53	0:35:01 (8)	3:31	0:27:56 (20)	1:20:38
16	437	Michael Heyen		AK 40 (m)	16	0:10:56 (9)	4:49	0:36:22 (13)	4:26	0:26:07 (16)	1:22:39
17	445	Martin Lopez		AK 40 (m)	17	0:10:57 (11)	5:36	0:39:10 (23)	4:11	0:23:05 (7)	1:22:59
18	431	Dr. Hannes Petersen		AK 40 (m)	18	0:13:55 (25)	4:10	0:37:34 (19)	4:31	0:26:15 (17)	1:26:23
19	432	Bernd Repenning	Peper & Söhne	AK 40 (m)	19	0:11:34 (17)	4:31	0:35:01 (7)	3:54	0:31:24 (24)	1:26:25
20	433	Jonathan von Ostrowski	--	AK 40 (m)	20	0:12:29 (22)	4:38	0:36:50 (17)	4:07	0:28:40 (21)	1:26:43
21	444	Michael Kupfer		AK 40 (m)	21	0:13:12 (23)	4:16	0:38:10 (20)	3:45	0:27:26 (19)	1:26:49
22	418	Sander Vincent	Peper & Söhne	AK 40 (m)	22	0:15:01 (28)	4:56	0:39:56 (26)	3:26	0:23:43 (9)	1:27:02
23	438	Stefan Ketelhut		AK 40 (m)	23	0:10:41 (5)	4:05	0:39:27 (25)	4:05	0:28:56 (23)	1:27:14
24	429	Daniel Haselbach		AK 40 (m)	24	0:13:54 (24)	4:32	0:39:26 (24)	3:27	0:28:40 (21)	1:29:58
25	421	Christian Müller	neusta mobile solutions	AK 40 (m)	25	0:11:52 (18)	5:06	0:39:05 (22)	5:02	0:32:38 (26)	1:33:43
26	420	Ralf Gatzweiler		AK 40 (m)	26	0:12:10 (21)	5:07	0:38:51 (21)	4:24	0:34:20 (28)	1:34:53
27	419	Lars Brinkmann		AK 40 (m)	27	0:14:24 (26)	6:01	0:41:29 (27)	3:54	0:32:26 (25)	1:38:14
28	424	Jonghong Park	Team Synera	AK 40 (m)	28	0:11:24 (16)	6:10	0:42:39 (28)	4:13	0:34:04 (27)	1:38:30

AK 45 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	693	Katrin Kroschinski	tba	AK 45 (w)	1	0:10:13 (1)	3:27	0:35:33 (1)	3:33	0:27:46 (6)	1:20:31
2	695	Verena Severin		AK 45 (w)	2	0:11:23 (7)	3:43	0:36:31 (2)	3:50	0:25:45 (1)	1:21:12
3	702	Maike Rust		AK 45 (w)	3	0:10:33 (2)		()	3:39	0:25:53 (2)	1:21:23
4	688	Hilke Ammenwerth		AK 45 (w)	4	0:11:05 (6)	4:04	0:37:00 (3)	3:51	0:26:22 (3)	1:22:22
5	690	Tanja Ernsting	Run Bremen	AK 45 (w)	5	0:10:33 (3)	3:52	0:38:32 (5)	3:21	0:28:45 (7)	1:25:03
6	701	Veronika Schlierf		AK 45 (w)	6	0:12:14 (10)	3:54	0:38:18 (4)	3:38	0:27:40 (5)	1:25:45

AK 45 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
7	692	Cornelia Kleinertz		AK 45 (w)	7	0:10:43 (4)	5:00	0:38:52 (6)	4:08	0:27:26 (4)	1:26:08
8	700	Katrin Lüth		AK 45 (w)	8	0:11:04 (5)	4:21	0:39:08 (7)	4:31	0:33:41 (9)	1:32:44
9	698	Jane Ay		AK 45 (w)	9	0:13:49 (12)	4:32	0:42:07 (8)	4:41	0:31:14 (8)	1:36:23
10	694	Jennifer Mitschke	PT Oldenburg	AK 45 (w)	10	0:11:52 (8)	5:50	()		0:35:00 (10)	1:39:11
11	689	Kathrin Bockhorst	SVEmstek	AK 45 (w)	11	0:13:45 (11)	5:40	0:43:34 (9)	4:41	0:35:55 (11)	1:43:36
12	696	Michaela Treppmann	Triathlon Team Eisenhart	AK 45 (w)	12	0:12:00 (9)	7:20	0:44:31 (10)	6:02	0:40:35 (12)	1:50:28

AK 45 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	471	Stefan Schink	SG Stern Bremen	AK 45 (m)	1	0:09:07 (4)	3:03	0:32:07 (1)	3:12	0:23:05 (5)	1:10:34
2	456	Markus Heine	Triathlon Team Hamburg	AK 45 (m)	2	0:07:49 (2)	3:45	0:37:43 (14)	3:01	0:20:34 (1)	1:12:52
3	460	Thomas Blomberg	Verler	AK 45 (m)	3	0:09:22 (5)	3:25	0:33:15 (2)	3:05	0:24:43 (7)	1:14:50 *
4	457	Nils Landwehr	LET'S RUN Bremen	AK 45 (m)	4	0:11:19 (12)	3:30	0:35:04 (4)	3:41	0:22:17 (3)	1:15:50
5	449	Antonio Caiazzo		AK 45 (m)	5	0:11:07 (11)	5:11	0:35:38 (8)	3:20	0:21:55 (2)	1:17:10
6	459	Frank Siemers		AK 45 (m)	6	0:08:54 (3)	4:04	0:35:57 (10)	3:20	0:25:13 (8)	1:17:29
7	468	Matthias Michaelsen	TV Jahn Walsrode	AK 45 (m)	7	0:07:06 (1)	4:17	0:34:43 (3)	3:46	0:27:50 (15)	1:17:42
8	474	Kamil Adiloglu	Bremer Sport Club	AK 45 (m)	8	0:09:37 (6)	3:44	0:35:05 (5)	3:31	0:26:00 (10)	1:17:56
9	475	Tom Kreyenhop	-	AK 45 (m)	9	0:09:43 (7)	6:05	0:35:16 (6)	3:59	0:22:55 (4)	1:17:58
10	473	Jens Schmidt		AK 45 (m)	10	0:11:31 (13)	5:34	0:35:54 (9)	3:15	0:24:41 (6)	1:20:55
11	477	Woldemar Schilberg	Rien ne va plus	AK 45 (m)	11	0:12:05 (16)	4:59	0:35:31 (7)	3:29	0:26:29 (11)	1:22:33
12	472	Christian Tessarek	SVGO Bremen	AK 45 (m)	12	0:09:45 (8)	4:39	0:38:48 (17)	3:38	0:25:59 (9)	1:22:49
13	470	Oscar Puebla		AK 45 (m)	13	0:11:01 (10)	4:39	0:38:37 (16)	3:15	0:26:33 (12)	1:24:04
14	461	Daniel Gerard		AK 45 (m)	14	0:10:50 (9)	4:35	0:36:44 (12)	4:07	0:28:06 (16)	1:24:22
15	476	Lars Planitz		AK 45 (m)	15	0:12:28 (18)	4:12	0:36:00 (11)	4:17	0:27:30 (14)	1:24:28
16	463	Hans Krüger		AK 45 (m)	16	0:12:00 (15)	6:14	0:37:55 (15)	3:53	0:28:12 (17)	1:28:14
17	466	Jan Meding		AK 45 (m)	17	0:12:53 (20)	4:25	0:41:06 (19)	3:37	0:27:07 (13)	1:29:09

AK 45 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
18	464	Dirk Langner	Sparkasse Bremen	AK 45 (m)	18	0:12:00 (14)	4:30	0:37:04 (13)	3:37	0:32:31 (20)	1:29:42
19	478	Oliver Siebert		AK 45 (m)	19	0:12:46 (19)	4:38	0:41:02 (18)	4:17	0:32:33 (21)	1:35:17
20	450	Tim Jablovski		AK 45 (m)	20	0:12:06 (17)	4:46	0:46:15 (21)	3:25	0:28:48 (18)	1:35:20
21	451	Torsten Meyer	SC Twistringern	AK 45 (m)	21	0:13:42 (21)	4:26	0:44:36 (20)	3:46	0:31:30 (19)	1:38:00
22	453	Dirk Schorling	TSG Seckenhausen-Fahrenhorst	AK 45 (m)	22	0:18:40 (22)	8:18	0:47:45 (22)	5:08	0:43:13 (22)	2:03:04

AK 50 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	710	Yvonne Mielke-Behrens	bremenports GmbH & Co. KG	AK 50 (w)	1	0:08:33 (1)	4:46	0:37:56 (1)	3:10	0:26:41 (1)	1:21:06
2	708	Sonja Kläner	LSF Oldenburg e.V.	AK 50 (w)	2	0:14:06 (9)	4:45	0:39:19 (2)	4:01	0:27:19 (3)	1:29:30
3	704	Thais Santos		AK 50 (w)	3	0:13:44 (8)	4:13	0:41:36 (4)	3:11	0:27:35 (4)	1:30:20
4	707	Katharina Samberg		AK 50 (w)	4	0:13:08 (6)	5:08	0:41:09 (3)	3:49	0:29:38 (6)	1:32:51
5	713	Katrin Schauerte		AK 50 (w)	5	0:10:29 (2)	4:39	0:44:45 (7)	5:27	0:28:06 (5)	1:33:26
6	706	Carolin Höppner		AK 50 (w)	6	0:10:47 (3)	4:10	0:48:45 (9)	3:50	0:27:09 (2)	1:34:41
7	711	Ingrid Nessen		AK 50 (w)	7	0:13:10 (7)	5:51	0:43:47 (5)	4:42	0:30:44 (7)	1:38:15
8	712	Iris Brünjes		AK 50 (w)	8	0:12:59 (5)	5:34	0:45:04 (8)	3:47	0:34:08 (9)	1:41:31
9	705	Angelika Spallek		AK 50 (w)	9	0:12:54 (4)	5:29	0:43:57 (6)	5:16	0:33:56 (8)	1:41:32

AK 50 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	501	Sascha Severin	LT Starlight Team Essen	AK 50 (m)	1	0:08:08 (1)	3:25	0:31:10 (1)	2:59	0:21:11 (2)	1:06:53
2	492	Marcus Cords	For Brother	AK 50 (m)	2	0:09:25 (3)		()	2:48	0:18:39 (1)	1:07:32
3	481	Robert Fuchs	LAV Verden	AK 50 (m)	3	0:08:21 (2)	3:12	0:31:39 (2)	3:16	0:23:24 (5)	1:09:53
4	497	Sven Weihmann	TC Bremen	AK 50 (m)	4	()		()		()	1:15:29 *
5	487	Marco Waßmann	HK Triathlonteam Wiesmoor	AK 50 (m)	5	0:10:11 (4)	3:30	0:35:38 (4)	3:39	0:23:05 (4)	1:16:03

AK 50 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
6	502	Lars Siewert	Triathlöwen Bremen	AK 50 (m)	6	0:12:40 (16)	3:29	0:33:34 (3)	4:13	0:24:16 (6)	1:18:11
7	491	Stefan Töws		AK 50 (m)	7	0:10:52 (9)	3:52	0:35:48 (5)	4:04	0:25:06 (8)	1:19:41
8	484	Marc Piaszek		AK 50 (m)	8	0:10:44 (6)	4:18	0:36:27 (8)	3:44	0:24:39 (7)	1:19:52
9	488	Björn Dieball		AK 50 (m)	9	0:14:07 (20)	4:05	0:39:18 (15)	2:47	0:21:24 (3)	1:21:42
10	482	Ralf Jürgens	hkk Laufteam	AK 50 (m)	10	0:10:51 (8)	4:52	0:36:20 (7)	4:05	0:26:13 (9)	1:22:20
11	496	Serafin Wahlhäuser geb. Jendrysik	TAG -TEAM GV	AK 50 (m)	11	0:12:15 (13)	4:31	0:35:48 (6)	4:34	0:30:36 (17)	1:27:45
12	485	Torben Rohbeck	TV Oyten	AK 50 (m)	12	0:11:57 (12)	5:08	0:37:17 (11)	4:11	0:29:49 (15)	1:28:22
13	483	Oliver Klein		AK 50 (m)	13	0:13:02 (19)	5:05	0:38:13 (13)	4:59	0:27:17 (10)	1:28:36
14	505	Jens Diekmann		AK 50 (m)	14	0:10:46 (7)	4:56	0:36:55 (10)	4:18	0:31:50 (19)	1:28:45
15	355	Michael Mittmann	Team Bremen	AK 50 (m)	15	0:10:55 (10)	3:56	0:38:06 (12)	3:52	0:32:15 (20)	1:29:04
16	486	Jens Vadersen	HanseMercur	AK 50 (m)	16	0:13:00 (18)	4:47	0:39:10 (14)	4:24	0:29:26 (14)	1:30:47
17	507	Marko Schade	#kommandofischfrikadelle	AK 50 (m)	17	0:14:42 (21)	5:15	0:36:27 (8)	5:06	0:29:24 (13)	1:30:54
18	503	Carsten Weerth	BDZ OV Bremen	AK 50 (m)	18	0:12:23 (15)	4:27	0:40:04 (17)	4:33	0:30:00 (16)	1:31:26
19	495	Marc Seidel		AK 50 (m)	19	0:16:58 (24)	5:32	0:39:37 (16)	4:48	0:29:22 (12)	1:36:16
20	494	Jörg Neugebauer		AK 50 (m)	20	0:15:40 (23)	5:56	0:44:55 (21)	3:36	0:28:10 (11)	1:38:18
21	489	Timo Seggermann		AK 50 (m)	21	0:11:16 (11)	7:20	0:43:16 (19)	5:20	0:31:41 (18)	1:38:52
22	498	Ralf Meyer		AK 50 (m)	22	0:10:28 (5)	5:19	0:42:04 (18)	4:54	0:36:30 (22)	1:39:15
23	500	Jens Reinheckel		AK 50 (m)	23	0:12:53 (17)	5:49	0:47:57 (22)	4:02	0:34:12 (21)	1:44:52
24	493	Cornelius Franz		AK 50 (m)	24	0:12:16 (14)	6:20	0:43:45 (20)	4:43	0:40:57 (24)	1:48:01
25	490	Mario Stock		AK 50 (m)	25	0:14:57 (22)	6:10	0:48:53 (23)	5:45	0:40:23 (23)	1:56:08

AK 55 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	719	Hannah Augustin	Tri Team Schwarme	AK 55 (w)	1	0:12:19 (1)	4:37	0:40:24 (2)	4:07	0:31:22 (4)	1:32:48
2	718	Jeannette Eggers-Haase		AK 55 (w)	2	0:14:02 (6)	4:33	0:39:21 (1)	4:19	0:30:39 (3)	1:32:53

AK 55 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
3	715	Tanja Burghard		AK 55 (w)	3	0:13:02 (4)	5:12	0:42:06 (4)	3:50	0:29:36 (1)	1:33:46
4	721	Sabine Gewand		AK 55 (w)	4	0:12:55 (3)	5:12	0:42:18 (5)	3:50	0:29:37 (2)	1:33:52
5	717	Heide Sbresny-Trosin	TV Hude	AK 55 (w)	5	0:12:54 (2)	4:42	0:40:39 (3)	4:15	0:31:49 (5)	1:34:19
6	720	Irene Maria Borgardt		AK 55 (w)	6	0:13:03 (5)	6:31	0:48:09 (6)	5:10	0:36:19 (6)	1:49:11

AK 55 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	524	Hanno Herrling	Die Bären Oldenburg	AK 55 (m)	1	0:12:17 (6)	5:15	0:34:17 (3)	3:21	0:22:43 (1)	1:17:54
2	529	Frank Harbeke		AK 55 (m)	2	0:12:33 (10)	3:46	0:34:31 (4)	4:57	0:23:22 (2)	1:19:10
3	516	Malte Hofmann		AK 55 (m)	3	0:12:24 (8)	4:19	0:34:55 (5)	3:40	0:23:59 (3)	1:19:17
4	510	Peter Schmidt	Triathletenschmiede Werratal	AK 55 (m)	4	0:10:46 (4)	3:25	0:33:36 (1)	3:39	0:30:04 (10)	1:21:30
5	518	Michael Lustig	Blumenthaler TV	AK 55 (m)	5	0:07:52 (1)	4:54	0:37:59 (8)	4:12	0:29:44 (9)	1:24:41
6	511	Tronje Schneider-Pungs		AK 55 (m)	6	0:10:06 (2)	5:58	0:33:43 (2)	4:44	0:30:53 (14)	1:25:24
7	515	Thomas Heins	TSV Neuenwalde	AK 55 (m)	7	0:13:40 (13)	3:49	0:38:08 (9)	3:11	0:27:35 (5)	1:26:22
8	512	Frank Steffen	Triathlöwen Bremen	AK 55 (m)	8	0:12:25 (9)	4:48	0:35:18 (6)	4:00	0:30:22 (13)	1:26:53
9	531	Marc Lingemann		AK 55 (m)	9	0:10:27 (3)	5:23	0:36:48 (7)	4:49	0:30:09 (11)	1:27:37
10	522	Frank Denkena		AK 55 (m)	10	0:11:43 (5)	6:38	0:41:28 (14)	3:57	0:28:52 (6)	1:32:39
11	521	Ulrich Vergin	TuS FLEESTEDT von 1911 e.V.	AK 55 (m)	11	0:12:20 (7)	5:25	0:38:47 (10)	5:07	0:31:30 (15)	1:33:09
12	532	Heinrich Rempel		AK 55 (m)	12	0:16:47 (17)	5:16	0:38:49 (11)	4:28	0:29:03 (8)	1:34:23
13	533	Ronny Roggenthien		AK 55 (m)	13	0:13:08 (12)	6:12	0:39:30 (12)	5:23	0:30:20 (12)	1:34:33
14	525	Christoph Kramer		AK 55 (m)	14	0:12:50 (11)	6:49	0:44:35 (17)	3:21	0:27:27 (4)	1:35:02
15	520	Michael Strehlau	Ironman	AK 55 (m)	15	0:15:12 (16)	4:29	0:42:03 (15)	4:17	0:29:02 (7)	1:35:03
16	526	Jakob Wall		AK 55 (m)	16	0:14:04 (15)	5:32	0:40:24 (13)	4:38	0:33:35 (16)	1:38:12
17	523	Martin Fritz		AK 55 (m)	17	0:13:51 (14)	8:21	0:44:31 (16)	7:07	0:44:18 (17)	1:58:08

AK 60 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	725	Angela Boczek	Tus Rotenburg	AK 60 (w)	1	0:11:19 (2)	3:15	0:35:59 (1)	3:11	0:26:33 (1)	1:20:17
2	724	Anne Bylitz	VfB Fallersleben	AK 60 (w)	2	0:09:36 (1)	3:45	0:37:09 (2)	3:39	0:27:39 (2)	1:21:48
3	727	Esther Homburg	PSV OI	AK 60 (w)	3	0:13:39 (3)	8:17	0:46:26 (3)	5:55	0:34:03 (3)	1:48:20

AK 60 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	537	Thorsten Bylitz	VfB Fallersleben	AK 60 (m)	1	0:08:20 (1)	3:09	0:34:59 (2)	3:16	0:24:13 (1)	1:13:56
2	542	Thorsten Kammeier	Triathlöwen Bremen	AK 60 (m)	2	0:09:43 (4)	4:03	0:34:06 (1)	3:41	0:25:05 (2)	1:16:38
3	538	Frank Edelkraut	Kaifu Tri Team	AK 60 (m)	3	0:09:42 (3)	4:16	0:35:11 (3)	3:41	0:25:31 (3)	1:18:21
4	528	Holger Lühr	FLIB Bremen e. V.	AK 60 (m)	4	0:11:35 (5)	3:38	0:35:33 (5)	3:31	0:26:18 (5)	1:20:35
5	534	Matthias Jetschke	TSV Lesum	AK 60 (m)	5	0:09:04 (2)	3:53	0:35:23 (4)	3:29	0:29:21 (7)	1:21:09
6	544	Michael Riechers		AK 60 (m)	6	0:12:14 (7)	5:51	0:37:25 (7)	3:04	0:26:02 (4)	1:24:36
7	536	Bernd Lewandowski		AK 60 (m)	7	0:12:21 (8)	5:18	0:35:52 (6)	4:32	0:29:53 (8)	1:27:55
8	540	Michael Jäkel	MTV Rethmar	AK 60 (m)	8	0:12:34 (10)	5:50	0:42:33 (10)	4:03	0:29:02 (6)	1:34:01
9	546	Armin Zimmermann		AK 60 (m)	9	0:12:34 (9)	6:32	0:41:51 (8)	5:26	0:32:15 (10)	1:38:37
10	545	Svend Weise		AK 60 (m)	10	0:17:33 (13)	4:46	0:42:58 (12)	3:51	0:30:59 (9)	1:40:06
11	539	Arnd Ingendoh		AK 60 (m)	11	0:15:05 (12)	6:07	0:42:55 (11)	4:09	0:33:32 (11)	1:41:47
12	541	Staffan Wegdell		AK 60 (m)	12	0:11:46 (6)	6:30	0:42:21 (9)	5:25	0:38:20 (12)	1:44:21
13	535	Frank Koehne		AK 60 (m)	13	0:12:52 (11)	5:08	0:43:23 (13)	5:49	0:43:11 (13)	1:50:23

AK 65 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	728	Monika Körner-Downes	Tri Team TG Lage	AK 65 (w)	1	0:12:46 (1)	4:57	0:39:43 (1)	4:23	0:28:43 (1)	1:30:32

AK 65 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
2	730	Vera Raidt		AK 65 (w)	2	0:16:31 (2)	6:58	0:51:42 (2)	5:24	0:45:29 (2)	2:06:04

AK 65 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	548	Jens Gäde		AK 65 (m)	1	0:14:52 (3)	4:29	0:35:33 (1)	4:43	0:28:00 (1)	1:27:36
2	547	Georg Mai		AK 65 (m)	2	0:12:56 (1)	5:06	0:38:17 (3)	4:56	0:29:18 (2)	1:30:33
3	552	Ulrich Müller	ERDINGER activ TEAM	AK 65 (m)	3	0:13:29 (2)	7:27	0:36:17 (2)	5:04	0:33:00 (4)	1:35:17
4	550	Thomas Kleinschnittger		AK 65 (m)	4	0:15:19 (4)	5:35	0:38:58 (4)	5:50	0:30:02 (3)	1:35:43
5	551	Uwe Tuchel	MTV Schweringen	AK 65 (m)	5	0:15:34 (5)	4:59	0:41:03 (5)	6:27	0:36:53 (5)	1:44:55
6	549	Wieland Hoffmann		AK 65 (m)	6	0:15:48 (6)	0:23	0:54:10 (6)	5:07	0:42:14 (6)	2:07:42

AK 70 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	556	Jürgen Buschmann		AK 70 (m)	1	0:11:29 (1)	3:57	0:35:42 (1)	3:24	0:28:05 (1)	1:22:38
2	553	Horst Battig	LT TV SCHWANEWEDE	AK 70 (m)	2	0:12:59 (2)	5:05	0:41:00 (2)	5:54	0:32:41 (3)	1:37:39
3	555	Klaus Warsitz		AK 70 (m)	3	0:16:24 (4)	5:23	0:43:59 (3)	3:59	0:30:46 (2)	1:40:31
4	554	Dieter Strehler		AK 70 (m)	4	0:13:19 (3)	7:57	0:47:20 (4)	6:02	0:38:27 (4)	1:53:05

AK 75 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	731	Antje Hollenberg	Bremer Skiclub	AK 75 (w)	1	0:13:11 (2)	4:35	0:46:40 (1)	5:14	0:35:13 (1)	1:44:52



Volkstriathlon

(Altersklassenwertung)

Bremen, den 11. August 2024

Mit freundlicher Unterstützung von:



AK 75 (w)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
2	732	Renate Witting	Triathlon Club Bremen	AK 75 (w)	2	0:12:17 (1)	6:20	0:46:56 (2)	4:43	0:40:25 (2)	1:50:42

AK 75 (m)

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	557	Walter Dubbert	Zemitz	AK 75 (m)	1	0:14:39 (1)	4:37	0:38:39 (1)	5:26	0:34:17 (1)	1:37:39